

new babysitter Checklist

Before the sitter arrives...

- Put emergency contact information out in a highly visible area.
- Prepare your child and talk about what they can expect with a new sitter.
- Leave out all comfort items or things your child might request during your time away; ie. blankets, lovies, pacifiers, etc.
- Set out any particular food/drinks, clothing, or toiletries your child might need.
- Make sure everything your sitter might need access to is readily available and easy to find.

After the sitter arrives...

- Give your sitter time to get to know your children and vice-versa.
- Provide your sitter with a full tour of your home.
- Show the sitter where you have set out particular items and explain when they might be needed.
- Alert the sitter of any important information; ie. allergies, preferences, etc.